



GARAGE – POLLUTION SOLUTIONS

Why are garages considered to be polluted spaces?

Garages are considered 'polluted spaces' because of the exhaust fumes from cars as well as from chemicals stored there. For example, paints and solvents are often stored in the garage. Solvents and gases can leak through cracks in garage walls into the house and can aggravate asthma symptoms.

Tips to ensure that your garage is asthma-friendly:

- Use an exhaust fan to the outdoors in the garage, particularly if the garage is attached to the house. This will prevent car fumes from entering the house.
- Weather-stripping on the door leading from the garage to the house can also help to keep exhaust gases out of the house. If you have any ductwork for a forced-air heating/air conditioning system in the garage, make sure it is well-sealed.
- To avoid exposure to carbon monoxide, never use a remote starter when your car is inside the garage, if you have a garage that is attached to your house. Never start your car when the door between your garage and your home is open.
- Watch for pooling water from garden hoses and clean up any spills quickly.

For More Information:

Contact the Asthma Society of Canada at 1-866-787-4050 or visit www.Asthma.ca.