



According to your answers to this quiz, you have **one or two yellow flags**. **Yellow flags** are also indicators of uncontrolled asthma, but taken individually, they may not be as serious as a red flag. They still warrant a conversation with your health care provider.

It would be a good idea to schedule an appointment with your health care provider to review your asthma action plan, discuss whether you are taking your medication as prescribed, and have your inhaler technique reviewed.

