

Our Numbers Tell the Story

To shape Asthma Canada's 2026 priorities, we listened directly to our community. Their voices, experiences, and needs will guide our focus for the the year ahead.



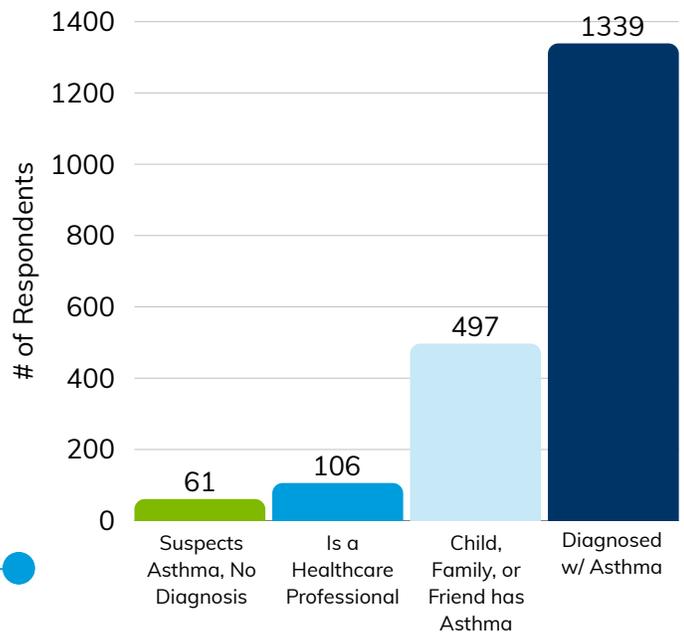
01 TOTAL COUNT OF SURVEY RESPONSES

The number of respondents to the member survey as of December 2025 was:

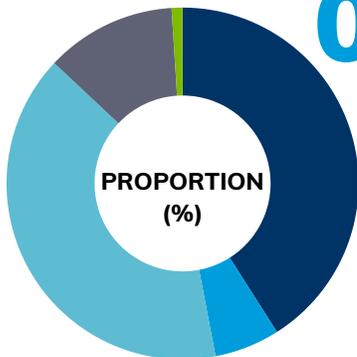
1,633



02 CONNECTIONS TO ASTHMA



03 PLACE OF RESIDENCE



Place of Residence	Proportion (%)
Ontario	41%
Quebec	6%
Western Ontario	40%
Atlantic Canada	12%
Others	1%

Challenges



WE ASKED: What challenges do you currently face with asthma?

AIR QUALITY CHALLENGES

“ Current challenges are protecting myself from contaminants in the air - e.g. polluted city air and smoke drifting from neighbouring condo apartments. ”



FINANCIAL CHALLENGES

“ I am worried that when I retire, I won't be able to afford my medication. ”



1 in 4 respondents (25%) struggle to afford medication for their asthma.

MANAGEMENT CHALLENGES

66%

of respondents struggle to manage daily symptoms.

“ It impacts me daily. I am almost 42 and I was diagnosed at 3 years old. I am still learning how to manage it. ”

“ I can't afford to live somewhere safe for my health. Nonprescription medication takes all the money I can get a hold of. ”



MENTAL/EMOTIONAL CHALLENGES



“ Every day is a struggle... I am tired of struggling. ”



34%

of respondents struggle with their mental/emotional health

CAREGIVING & FAMILY CHALLENGES

“ My son misses so much school. He gets sick so often and when he is sick, he's at home. It's been such a struggle and I won't be able to go back to work, as I have to take care of him. ”

“ My relative died because of asthma. ”

“ My child has asthma and as a parent, I'm struggling financially. ”

Values and Interests



WE ASKED: What would be most valuable to you as part of the Asthma Canada community?



Asthma Education

Understanding my triggers and treatment options

61%



Asthma Research & Innovation

Staying updated on asthma research and advances

61%



Asthma Management

Learning how to manage asthma day-to-day

56%



Asthma Access

Assess to asthma educational resources

41%



Asthma Support

Community and one-on-one

33%



Involvement

with Asthma Canada, advocacy, & awareness

26%



Media

Participating in webinars & workshops

25%



Sharing their asthma stories

11%

“It'd be nice to understand the different medications and other conditions that intersect with asthma.”

“I'd love it if we could fight for affordable medications in Canada. It shouldn't be so expensive to breathe.”

“We need healthcare access issues resolved. Access to physicians and other medical resources is getting more difficult.”

Our Goal

We heard from you. Our goal is a future without asthma.

To reach this goal, we will continue to empower individuals living with asthma across Canada to live symptom-free lives, advance equitable access to asthma treatment and care, and accelerate asthma research and knowledge mobilization

“ I have read almost all the articles you have published. They have all helped me understand asthma much better. ”

“ Keep up the awesome advocating and providing resources for families living with asthma ”

“ Thank you for working on improving asthma challenges and helping people fight this dreadful asthma ”

“ Work that you're doing for asthma community is significantly important. The more awareness that can be generated, the more information people can have about their health. The more people know, the more lives can be saved. ”



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Asthma Canada sincerely thanks our community for participating in our survey and sharing their experiences. The short online survey was hosted through Constant Contact from September to December, 2025. Not all respondents answered every question; therefore, some percentages may not total a hundred percent. To learn more about Asthma Canada, please visit our website, asthma.ca.

CONTACT US



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